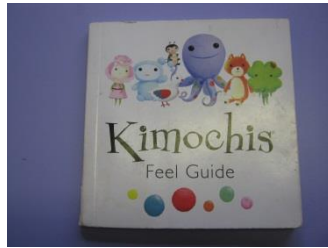


## My most valued resources.

### "Feel the need to share"

Meet the 'Kimochois (key-mo-chee) Characters' (meaning feeling in Japanese)



I am the proud owner of 'Cloud' who has unpredictable moods, 'Bug' who has many worries, 'Lovey Dove' who is caring and nurtures others, 'Hughtopus' who is very affectionate and strong and 'Cat' who knows what she wants and how to get it!

To help introduce the characters to the children I have made with some help from the children, a visual display that with a little planning can help tell many stories. These characters are now well known throughout the school.



Through planning you can create wonderful social stories and also use the characters during group sessions such as 'anger management, social and friendship skills or for most ELSA sessions. This is done by linking a character/s to the session, issue or problem with the relevant child/ren and scenario. Also to help support a child understanding of emotions each character has a pocket where kimochois/feeling pillows can be placed inside thus leading to further discussion.



My summer project is going to be to make or find the two characters I haven't got, 'Bella Rose' who can be over sensitive and 'Clover' who is optimistic which can often lead to disappointment.

For more information you can visit [www.kimochois.com](http://www.kimochois.com)

Jeanette Munro St Michael's School Hampshire