

### ELSA Referral Form

Name:

Class/year group:

Background information

Strengths and interests

Presenting difficulties

ELSA work focuses on developing skills to help here.



Thoughts and feelings (what is the behaviour communicating?)

Focus area for ELSA work

## Targets

Please consider carefully what you would like to be different as a result of ELSA support. Targets should be SMART and agreed by all those involved including the teacher and child or young person.

Examples of targets:

- James will recognise when he is feeling anxious by noticing the changes in his body on 3 out of 5 occasions.
- Hannah will be able to consider a green/alternative thought when she feels anxious on 3 out of 5 occasions.
- Usef will be able to list 3 strengths he has and 3 things that have gone well each week.
- Bartek will be able to initiate an interaction with peers in class on 3 out of 5 occasions.
- Arun will be able to ask to join a game on the playground on 3 out of 5 occasions.
- Jane will be able to communicate (verbally or using a visual resource) how she is feeling on 3 out of 5 occasions.

<p><b>Target</b> By the end of the ELSA programme, ..... will .... so that they can ...</p>	<p><b>Review</b> Targets should be reviewed every half term. ELSA work is unlikely to be completed in this time but the review will inform the programme. The review should be completed in discussion with the referring adult.</p>																				
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Ideas for reinforcing, generalising and maintaining targets and skills outside of ELSA sessions

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