



The Girl from the Sky

A Heartfelt Story Supporting Emotional Literacy and Inner Connection

"What if every emotion was a messenger, carrying intelligent information?"

***The Girl from the Sky* is a poetic and beautifully illustrated storybook that helps children (and the inner child in all of us) recognize, trust, and understand their emotions.**

This gentle story:

- Honors all emotions as natural and intelligent
- Supports emotional literacy without trying to regulate or fix
- Creates space for children to feel seen, understood, and safe
- Encourages authentic conversations around difficult feelings

A meaningful addition to every parent's and school's bookshelf.

Perfect for opening conversations about feelings, fostering emotional intelligence, and nurturing authentic self-expression.

💬 *"It's unique, soulful, and I will definitely use it with my clients."* — Therapist Review

For all ages, from 5 and up (also resonates with inner child work).

- A Storybook with black-and-white illustrations designed for optional coloring
- Includes a doodle and reflection section with creative prompts
- Suitable for home, classroom, and counseling settings

Available for group, classroom, and workshop use on:

[Amazon](#)

[Barnes & Noble](#)

Also available via Ingram for libraries and bookstores.

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